

**MONDAY and SATURDAY  
PRAYER MEETING with  
The Flame of Love of the  
Immaculate Heart of Mary**

**Excerpts of the SPIRITUAL DIARY  
of Elizabeth Kindelmann,  
the messenger of the Flame of Love  
of the Immaculate Heart of Mary  
1961-1983 (m1)**

We start the prayer by making five times the sign of the Cross in honor of the five Holy Wounds of the Crucifixion of Our Lord Jesus Christ :

**Lord, in the honor of the holy wound of your right hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your right foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the sacred wound of your side where came the water and the blood who purify our hearts and our souls, in the name of the Father, and the Son and the Holy Spirit, amen. »**

I am offering myself today to You, Eternal Father by the wounds of your holy Son and the mighty Flame of Love of Mary.

**« Saint Michael the Archangel, defend us in battle, be our protection against the malice and snares of the devil. May God rebuke him we humbly pray; and do thou, o Prince of the Heavenly host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen. »**

We pray the Rosary and insert in each Ave Maria the petition to the Flame of Love thus :

**Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus.**

**Holy Mary, Mother of God, pray for us sinners, spread the effect of grace of Thy Flame of Love over all of humanity, now and at the hour of our death. Amen.**

After each decade :

**« O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Thy Mercy. »**

**« Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary. »**

The Joyful Mysteries

1- The Annunciation let us pray for humility.

Then, the Blessed Virgin Mary said :  
**Mary : « If you are in state of grace and attend a Holy Mass which is not an obligation for you, then the Flame of Love of My Heart radiates to such a degree that, during that time, Satan is blinded and the plenitude of My graces is transmitted to the soul for which you offer the Holy Mass.**

**The participation in the Sacrifice of the Holy Mass increases to the highest degree the blindness of Satan. Satan foams with rage, and still carries out an even more bitter fight with its usual torments, since he feels the impeding coming of his blindness! »**

(November 22, 1962)

2- The Visitation let us pray for more charity toward our brothers and sisters.

**Mary : « Offer also your work to the glory of God during the day! If you are in a state of grace, the blindness of Satan will be increasing with this offering! Live then in My grace, so that the blindness of Satan extends more and more and grows increasingly larger!**

**The many graces that I give you, if you make good use of them – and you must always use them better and better – cause a great number of souls to become better. »**

(November 30, 1962)

3- The Nativity let us pray for spirit of poverty.

The Blessed Virgin Mary said :

**Mary : « When someone does Adoration in a spirit of atonement or pays a visit to the Blessed Sacrament, as long as it lasts, Satan loses his power on the parish souls. Blinded, he ceases to reign on souls. »**

(November 6-7, 1962)

**Mary : « You see, My daughter, when the Flame of Love of My Heart is inflamed upon the earth, its outpouring of graces flows out to the dying as well. Satan is blinded and with the help of your fervent prayers, Satan's fight against the dying will cease. Under the serene beam of My Flame of Love, even the most hardened sinners are converted. »**

(September 12, 1963)

**Mary : « I ask that a saintly night vigil be organized in each parish by means of which I want to save the souls of the**

**dying, in such a way that not one minute goes by without prayer! Behold the instrument which I put in your hands. By this means, you save the souls of the dying from the eternal damnation. By the light of My Flame of Love, Satan will remain blind. »**

(July 9, 1965)

4- The Presentation let us pray for courage in trials and sufferings.

**Mary : « If at anytime, you recite in My honor three Hail Mary by calling upon My Flame of Love, each time a soul will be released from Purgatory. During the month of the deceased (November), upon the recitation of each Hail Mary, ten souls will be released from Purgatory. The suffering souls must also feel the effect of grace of the Flame of Love of My motherly Heart. »**

(October 13, 1962)

5- The Finding in the Temple let us pray for the seeking of Jesus in all things.

**Mary : « You know, don't you, what I am telling you now? My Flame of Love is searching with Saint Joseph for a shelter in the streets of Bethlehem. We are fleeing from Herod's hatred. Do you know who the persecutors will be? The cowards, those who fear for their well-being, those who know everything better than others, objections from mediocre minds. Those will assault My Flame of Love as formerly Herod attacked the body of the innocent Child Jesus. But just as the Heavenly Father took the Child Jesus under His protection, so does He now protect My**

**Flame of Love. Our Heavenly Father will take care of it. »**

After a short silence, She again spoke inside of me :

**Mary: « You see, My child, I am raising and leading you into the eternal homeland that My Son has acquired for you at the cost of immeasurable sufferings. »**

(May 19, 1963)

At the end of the Rosary, we may ask Jesus to take us in spirit before His Eucharistic Presence throughout the world to adore Him. We recite the prayer :

**May our feet journey together,  
may our hands gather in unity,  
may our hearts beat to the same rhythm,  
may our souls be in harmony,  
may our thoughts be in unison,  
may our ears listen to the silence together,  
may our glances melt in one another,  
and may our lips beg Our Heavenly Father,  
together, to obtain Mercy. Amen.**

#### **PRAYER FOR THE PROPAGATION OF THE FLAME OF LOVE**

With the personal approval of  
his Holiness Pope Paul VI  
November 1973

Blessed Virgin Mary, our Mother, your love of God and your love for us your children is such that you offer us to your Divine Son Jesus on the Cross, to obtain forgiveness for our sins from the Eternal Father, and thus, obtain our salvation, and for anyone believing in Jesus not to perish but obtain Eternal Life.

It is with filial trust that we beseech you, Blessed Mother, with the Flame of Love of your Immaculate Heart and through the Holy Spirit, to inflame in our

hearts the fire of a perfect love for God and all men.

Help us to spread this holy Flame to all people of goodwill, so that the Flame of Love may extinguish the fires of hate all over the world, and Jesus, the Prince of Peace, may be King, front and center, in every heart, in the Sacrament of His Love on the throne of our Altars. Amen.

#### **CONSECRATION TO THE IMMACULATE HEART OF MARY**

O Immaculate Heart of Mary, ever-filled with kindness, show us your Love. May the Flame of Love of your Heart descend upon all men. We love you with all that we are. Instil true love in our hearts, that we may have toward you an unceasing devotion.

O Mary, who art meek and humble of Heart, remember us when we are in a state of sin. By means of your motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies.

Grant that we may always see the kindness of you motherly Heart, and be converted by your Flame of Love. Amen.

You can call upon Saint Joseph with the following prayer or that of your choice :

O God, who by your ineffable Providence condescended to choose Saint Joseph as the spouse of your Most Holy Mother, grant us, we beseech Thee, that we may have as intercessor in Heaven the one we venerate as a protector on earth. Amen.

Saint Joseph, you sought a refuge for the Blessed Virgin in Bethlehem, help us to seek a refuge for Her Flame of Love in all the hearts. Amen.

We end the prayer by making five times the sign of the Cross in honor of the five Holy Wounds of Our Lord Jesus Christ :

**Lord, in the honor of the holy wound of your right hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your right foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the sacred wound of your side where came the water and the blood who purify our hearts and our souls, in the name of the Father, and the Son and the Holy Spirit, amen. »**

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The first supplication of the Mother of God

*«My daughter, I am asking you to consider Thursdays and Frydays as days of exceptional indulgence for you to offer a special penance to My Divine Son. The means of this expiation : the hour of atonement with the family. During this hour, say a variety of prayers (for example, recite the Rosary). Sing holy hymns! Open this hour of devotion with five times the Sign of the Cross in honour of the Five Holy Wounds of my Divine Son, and close the session the same way. Then, do a spiritual reading and light a candle in memory of My pledge to you. Assemble two or three for this hour of atonement, for you know that where two or three are gathered to pray in My Son's name, He is among them. Also, during the day, get into the habit of doing the Sign of the »Cross five times while glorifying the Mercy of God the Father. This brings you closer to the Eternal Father and your heart will be filled with grace. »*

- Thursday pray the mysteries of Light of the Rosary :

--The Baptism of Jesus in the Jordan let us pray for more docility to God's Spirit. --Jesus' Self Manifestation at the Wedding of Cana let us pray for greater confidence in Mary's intercession. --Jesus proclaim the Kingdom of God with his call to conversion let us pray for more trust in God's mercy in the Sacrament of Reconciliation. --The Transfiguration on mount Tabor let us pray for knowledge of God and obedience to his word. --The Institution of the Eucharist let us pray for a fervent love for Jesus in the Eucharist.

- Friday, pray the Sorrowful Mysteries of the Rosary:

-The Agony in the Garden let us pray for the repentance of our sins. --The scourging of Jesus at the Pillar let us pray for purity of heart and spirit. --The Crowning of Jesus with Thorns let us pray for the patient acceptance of trials. --Jesus carries His Cross let us pray for the grace of self forgetfulness. --The Crucifixion let us pray for the conversion of sinners.

**NOTE : To obtain more excerpts of the Spiritual Diary of the Flame of Love for your prayer cenacle, please call at 813-379-6359 or send an e-mail to : [fiat@2hearts1love.org](mailto:fiat@2hearts1love.org)**

**To obtain the 82 page booklet containing excerpts of the SPIRITUAL DIARY of Elizabeth Kindelmann,**

(1 booklet for 3\$, 10 for 20\$ and 25 for 37.50\$), please call Christine at 514-508-4027 or write to :

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